Term 1, Week 2

We have welcomed a number of new staff to our school this year due to maternity leave, school growth and some retirements last year. It is heartening to hear reports that they are very impressed with the nature of our students. “Thoughtful”, “Considerate”, “Engaged”, “Articulate” are some of the adjectives that have been used and they match the outcomes we are striving to achieve. Today the School Council and the College of Teachers will hold the annual sundowner to welcome the new staff and their families. We are blessed by their decision to join us. Please take the time to welcome them to our community if they cross your path.

Collegiality is a central principle of Steiner Education and we witness it in the way faculty meetings operate and the role the College of Teachers plays in our school.

Early Childhood, Primary and High School faculties meet separately each week and discuss relevant matters to the health and wellbeing of children and the faculty as a whole. They don’t receive information and directives from “upper management” or simply get through the motions of a weekly staff meeting. Teachers actively engage in the issues and work collaboratively to make decisions. There is room for disagreements to be aired and worked through. The central focus should be the children not the needs of the institution and anyone should be able to remind the group of this as a member of a healthy working group.

Likewise, the College of Teachers meet each week and discuss matters with the aim of ensuring that the welfare and development of the children and staff are being upheld by the school with high regard. Anthroposophy and Waldorf Education underpin the decision making of the nine people that currently make up the College. They seek to observe what is needed and intelligently match policy and procedures with what is needed by the people that make up our school. Especially the children and staff. This approach can be juxtaposed with an approach that pushes people to fit rigid policy and procedures. It is a delicate balancing act that requires collegiality and honest communication.

Ultimately the aim of the faculty and the College is that we have people working with children in our school being guided by their intuition, imagination and inspiration and not falling back on “the other” to lead them in all things and absorb them of responsibility for their work.

Adult Choir on Wednesday evenings, Craft on Tuesday mornings, Eurythmy on Tuesday afternoons, Class 9A Play in two weeks, Recorder lessons on Wednesday mornings, Study group on Monday mornings, Biodynamic Group each Monday fortnight, Adult Singing on Wednesday mornings, Waldorf Woodworkers on Saturdays and so it goes. Our community is vibrant and welcoming. Take the leap and join in. Details inside.

Anyone wishing to develop a deeper understanding of children from pre-birth to three years old are encouraged to join The Young Child course held over the next two terms. It includes artistic and creative activities and inevitably will lead to personal self-development. We are so lucky to have such courses being offered at our school.

Bruce Uchiyama-Lee - School Administrator

IN THE LIGHT OF A CHILD
Something new is mounting, growing
Deep within me, outward surging
Seed is ripening, sap is flowing:
Power streaming, light emerging.

Fire-spirits sparkle round me, warmth and well-bestowing:
“Sing our fiery song of summer strength!” I hear them urging.

-Michael Hedley Burton
FROM FINANCE

SCHOOL FEES ARE NOW OUED - Term 1 Due Date: Friday, 9th February, 2018.

<table>
<thead>
<tr>
<th>CREDIT CARD/ONLINE PAYMENT</th>
<th>ELECTRONIC FUNDS TRANSFER</th>
<th>CHEQUE AND CASH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Payments by Credit Card can be made by visiting the Bpoint website: <a href="https://www.bpoint.com.au">https://www.bpoint.com.au</a></td>
<td>Payments by Electronic Funds Transfer (EFT) can be made to the school’s banking details as follows:</td>
<td>Payments by cheque can be made payable to Perth Waldorf School. Please have a copy of your statement attached when mailing your cheque.</td>
</tr>
<tr>
<td>Biller Code: 147 2133 Reference: Family Code</td>
<td>Account Name: Perth Waldorf School BSB: 066 000 Account Number: 1205 1015 Commonwealth Bank Perth</td>
<td>Postal Address: PO Box 1247 Bibra Lake WA 6965</td>
</tr>
<tr>
<td>Phone payments can also be made by calling Reception on 9417 3638 during Office Hours. We accept VISA and MASTERCARD.</td>
<td>Reference: Family Code</td>
<td>Cheques and Cash Payments can also be made during office hours at the School Reception.</td>
</tr>
</tbody>
</table>

A late payment fee will apply to all accounts not paid by the due date. This does not apply if you have a payment plan arrangement in place.

TERM ONE FEES
Term One fees have now been emailed to all parents. If you have not received your invoice please email account@pws.wa.edu.au or see reception.

To assist with timely delivery of your invoices, please add our email address account@pws.wa.edu.au to your safe sender list. If you need assistance with this, please contact reception. Thank you.

CLASS KITTY COLLECTION
The School does not support the collection of funds by classes for use by the class except where it is voluntary and to be used for non-essential school items such as presents for teachers. Classes are expected to operate within their budgets and not request funding from parents.

GENERAL NEWS

TERM 2 START DATE CHANGE

Dear Parents,

The school calendar lists Tuesday, 1st and Wednesday, 2nd of May as Pupil Free days for the purpose of a staff in-service.

The College of Teachers have requested that these two days be teaching days as plans for the in-service have fallen through. The two day in-service will be held later in the year in Semester 2 and parents will be notified as soon as possible.

The school is aware that some people may have already made plans to be away. Although teachers would obviously prefer to have children at school, on this occasion is may be unavoidable if those plans can't be changed.

Sincere apologies for this change. We hope we have provided early enough notice not to inconvenience many families.

Bruce Lee - Administrator

TERM DATES ‘UPDATED’

Term 1: Thursday, 1st February - Friday, 13th April.
Term 2: Tuesday, 1st May - Friday, 29th June.
Term 3: Monday, 23rd July - Thursday, 20th Sept.
Term 4: Monday, 8th October - Thursday, 13th December (half day).

WELCOME NEW STAFF MEMBERS

PWS would like to welcome Sven Borg and Jackie Sullivan to our High School staff. Sven will be stepping into the role as our Outdoor Ed. teacher for Term One and Jackie will be teaching Phys. Ed. alongside David Flack. We wish them both an enjoyable and smooth start to the 2018 school year.
The Family Participation Scheme (FPS) was introduced as a School Council initiative to encourage parents to increase the healthy development of the school community. It is an opportunity for parents to build relationships with other families in the school and to practically demonstrate to our children that we value the school, their education and our own personal development.

The sole intent of the scheme is to allow people to bring to consciousness their participation in the life of the school either by filling in and returning the form or making a payment in exchange for not being able to participate. The FPS is not a fundraising scheme. The first point of contact is reception.

How the FPS Works:

- This scheme is administrated by the school office.
- A fee of $100 per semester (two terms) (equivalent to 10 hours per semester) is charged to the family fees account on an invoice following the end of each semester if no Family Participations Scheme Hours are recorded.
- Family Participation Scheme hours are claimed via the Family Participation Scheme form, which is available from the office, on the back of this letter and on the school website.
- The FPS form must be received by reception by the end of the semester. Forms received after the end of term 2 or term 4 may not be credited.
- For families where there are two parties paying the fees, the hours may be proportional to each parties contribution. Please write a note to the Administrator if there are special arrangements or concerns. The school does not wish to make this burdensome and something can be worked out.
- No hours can be carried forward to future years.
- Families that have children at other schools with a similar scheme operating may choose to claim the hours they do at another school - it may be too much to participate in both schools. This will be assessed on a case by case basis - please be specific in what you are claiming.
- A family that joins the school part-way through the term will not be expected to complete their hours for that term, nor will they be charged the FPS fee for the semester they commence. However, the scheme will start upon the commencement of the next full semester.

(continued on next page...)
How to Participate:
Busy Bees; general maintenance or gardening; incidental support to help keep the school neat and tidy; helping a teacher with classroom task, supporting class plays, festivals, open days and excursions. Participating in anthroposophy in the community in activities regularly advertised in the Pabulum. You may wish to formally join the school P&F or School Council.

If you have a trade/professional skill you are able to offer, please record it on your FPS form. The school prefers to use local/known tradespeople where possible.

Should you have any questions regarding the Family Commitment Scheme, please contact the school on: 9417 3638 or adminpws@pws.wa.edu.au

Thank you for your continued support.

ELECTRONIC DEVICES AT OUR SCHOOL

We are striving to defend childhood at Perth Waldorf School. One way we can do this is by bringing to them only natural, healthy and real experiences. As such, especially when in the Early Childhood and Primary areas or where children are present, please refrain from using your mobile phone or other devices.

It would be great to give children the opportunity to imitate adults who are enjoying nature, adults who are being present with the world around them and adults in healthy conversations with the people before them.

POSITION VACANT

PWS invites applications for:

Community Support Officer (10 hours per week).

This role involves working to build a sense of community in the school and ensure that, as much as possible, it is a ‘healthy’ community by way of clearly communicating school expectations and provisions for parents and students and keeping in touch on a human level with members of the community - both staff and parents. A high degree of social-emotional intelligence and diplomacy when working with people as well as an ability to plan and coordinate others is required.

Working in this role requires fitting in with school culture and the needs of the school and evolving in the position with changing needs as they occur.

A job description is available on our website.

All written applications, including a CV and three referees, should be marked ‘Private & confidential’ and forwarded to:

The Administrator, Perth Waldorf School, PO Box 1247, BIBRA LAKE WA 6965
OR employment@pws.wa.edu.au

Applications close: 28th February at 3:00pm.
EARLY CHILDHOOD

COMBINED KINDY PARENT NIGHT FOR K5 AND K6
Rose Room, Rainbow Room and Cedar House will be having a very special “parent night” this term. One special thing about it will be that it is on a Saturday morning! Another special thing is that we will be introducing parents to each other, to all the Kindy 5/6 teachers, to Paul Lawrence who sings with the K6 children, and to Kristina, who is our Eurythmy teacher.

We will experience some of the key elements of the Steiner Kindergarten curriculum as we hear from the teachers and from each other. The journey shared is foundational at Perth Waldorf School. It will be fun and informative.

These parent meetings are a commitment that parents make to the school and, more importantly, to each other, so please do all you can to attend.

Saturday, 24th February, 9:30am till 11:00am, in Seekers Place.

PARENT and BABY GROUP

The Parent and Baby Group runs on Thursday afternoons each week of term. Our aim is to provide a nurturing meeting place for parent and baby, holding them in a space of warmth, reverence and acceptance. We meet and create community over a piece of cake, a cuppa, and sharing. The group is open to babies from newborn to one year of age.

Everyone is welcome to attend
Cost $10 per session
12:15pm-2:00pm

Parent and Baby Group - Rose Hughes - phone 0430 207 577
Early Childhood Coordinator - Jennifer Byrne - 0407 391 482

PRIMARY

REMINDERS FOR THIS WEEK
Thursday, 15th March - Class 2 will be having a Parent Teacher Meeting at 6:30pm. Parent Teacher Meetings are wonderful opportunities to discuss with your child’s teacher about how your child in progressing and behaving at School, as well as to better understand what they are currently learning in the classroom.

FROM THE CO-ORDINATOR

2018 marks the 30th year that Perth Waldorf School has been on this site. We welcome everyone to school and acknowledge the Noongar custodians of this land where our school is built.

Class 1 and Lisa Bastian were welcomed into our primary school on Thursday morning. They came through the arch of sunflowers held by the Wardong group of new Class 7’s. Class 7 Kulbardi led their Class 1 buddies through the arch into the assembly.

We warmly welcomed the new students in each class and Julie Penin who will be Class 2 teacher as Judith Herrmann will be on maternity leave soon.

Each class teacher gave us a picture of something their class would be doing this year. The seed of longing for what is to unfold is always delivered in a creative mixture of prose, picture, mime, humour and story.

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(cont...) 

We were joyfully led in singing New Year New Year, by Janet and Paul as our new Class 1’s and parent left afterwards through the arch.

We can all certainly celebrate and be grateful for the dedicated, creative and passionate, hard working teachers who rise to the calling of being the class teachers in our primary school.

Class 1 will begin their full days of school on Monday, 12th March. We are mindful of the warm and long days being balanced with activity, learning, rest and play. Please be aware that it is normal for children to react to being overwhelmed and coping with new routines in many different ways. The best way to support the children is with a regular rhythm, good food and sleep. Early to bed is best - before they get a second wind and begin borrowing energy from the next day!

Lisa Payne - Primary Co-ordinator

EASTER FESTIVAL

The festival of Easter in the primary school is a two-fold celebration at PWS, starting with the outward part of the festival, with Little Donkey arriving to take all the primary school children for an Easter walk celebrating the entrance of Jesus to Jerusalem on the back of a Donkey. We invite all parents to attend this much anticipated event on Tuesday, 27th March, which runs in conjunction with the Easter Market (see P&F for details). Crosses are beautifully decorated by the children in the week leading up to the walk and information regarding these will be given over the next couple of weeks.

The second part of the Easter festival is the inward celebration, an assembly attended by all the primary school children and their teachers on Thursday, 29th March, to witness the story of 'The Holy Week' performed by the Class 7’s, 'The Washing of the Feet' which reflects the service that Jesus gave to each of his disciples at the Last Supper and finally, the sharing of Hot Cross Buns for morning tea, celebrating the Resurrection of the Christ. This assembly is just for the primary school children and teachers to gently acknowledge the great Events at the Turning Point of Time at Golgotha.

As part of the preparation for this up-coming festival I’m looking for some parent help in the form of sewing white tunics for the costuming of The Holy Week. In previous years I have used what I have in the costume department but the opportunity has come up to have a purpose-made set for this performance which happens every year. If you would like to complete your Parent Participation Hours all in one go for the year or just love sewing, I would love to hear from you. Please contact me on 0414 827 787 or leave a message with Mel at reception for me to get back to you. We have five weeks to complete this task so if you could help please let me know.

With grateful thanks,
Sarah Boyle - Festival Organiser
HELP WANTED FOR CLASS 7 KULBARDI

Dear members of PWS community,

I am wondering if anyone can help source a few things for Class 7. Firstly, I am after some old, but reliable woodworking tools to make billy-carts. In particular I need different types of screw drivers, wheels, axels, hand saws and the like. I plan to run a lunch time billy-cart making club on Tuesdays, 1:00pm-1:30pm. The idea is to learn some skills, have fun making billy-carts and then sell them to the community as a fundraiser.

Secondly, if anyone can provide and contacts for the following activities I would be very grateful (preferably local):

- Archery
- Orienteering

Please contact me on 0406 197 510 if you can help.

Thank you kindly,
Kevin Mazzer - Class 7 Kulbardi Teacher
Class 9A will be taking to the stage to perform in the historical Australian play ‘Stories From Suburban Road’.

Adapted by Alan Becher from Tom Hungerford's autobiography of the same name, *Stories from Suburban Road* is a nostalgic and vivid look at growing up in an Australian rural setting between two world wars.

**WHEN:** Thursday, 1st March at 9:00am and 6:30pm.
WHERE: PWS, Williams Hall.
COST: $5 Adults, $2 Students.
Suitable for all ages. Hope you see you all there!

*Poster by Madeleine Harvey (Class 9 student).*
THE EASTER MARKET
This year our Easter Market will be held in conjunction with the Primary Easter Donkey Walk on **Tuesday, 27th March**. P&F are now calling for Market Stalls to be held on the day. If you are interested in holding a stall, application forms are available from outside th Front Office. If you have any further questions please contact Gabby (head of P&F) on **0439 919 926**. Thank you.

MAINTENANCE & GARDENING

**We are a waste wise school!**

Our Earth is special, there is just one.
It gives us water, soil, and sun.
People and animals share the land,
Let’s all lend a helping hand!
You can save water, and plant a tree,
Make a better home for you and me.
Recycle things, don’t throw away,
Make every day an Earth Day!

Please do not walk through the car-park when coming and leaving school. Be sure to use our marked paths and avoid walking on any vegetation.

**Waste Minimisation at Perth Waldorf School** - Waste reduction in 2018 will continue to be focused in two aspects of reducing waste to landfill. One aspect is the gradual replacement of some green lid (landfill bins) with yellow lid (recycling bins) and the second aspect is to continue to build Biodynamic compost heaps. Our compost uses onsite waste products including food scraps from Kindy and Primary, wood shavings from PWS Woodwork, and weeds from the grounds. Our vision is to have multiple “same look” recycling stations placed throughout the school. Each station will have a large Recycling bin (yellow lid) a medium size Landfill Bin (green lid) and a 20 litre compost Bucket. Please identify the stations and use them to help reduce our landfill.
These groups for parents are run or led by teachers or parents. Members of the school community are encouraged to join any of the groups and enjoy the experience of personal growth and learning in this beautiful environment - a great inspiration for our children!

**PARENTS AND FRIENDS STUDY GROUP** - with Anne Williams.
Mondays, 8:50am-10:15am in the Library.

The Anthroposophical study group for parents and friends meets on Mondays from 8:55am to 10:15am in the Library. No children please. For further information contact Anne Williams, 0424 771 217.

**BIO_DYNAMIC GROUP** - with Heidi Halter.
Mondays (fortnightly) - 26th February, 8:50am-10:15am in the Playgroup garden.

Join us in our first meet for the year. We will be preparing the essential biodynamic soil preparation 500. Come down to the Playgroup garden at 10:30am on Monday, 26th February. Bring a jar to take some home. Gold coin donation is appreciated. Children and new faces welcome. Any questions please phone Heidi on 0427 445 754.

**CRAFT GROUP** - with Pixie Stott
Tuesdays, 9:00am outside the Canteen.

Come join our lively group of crafters and learn some new skills or polish up some old ones. All levels of ability are catered for. It will be run as “first you make you keep and then make one for the group to be sold”. This will go towards completing your community hours. Children welcome but do need to be supervised. We are working with Easter Crafts this term so come make something for your child and help make something towards the Easter market stall. We look forward to seeing you next week.

**EURYTHMY** - Free classes for adults with Kristina Hamilton.
Tuesdays, 2:15pm-3:00pm in Williams Hall.

Rudolf Steiner’s art of movement, EURYTHMY, helps to connect the spirit within each human being to the world at large. As well as being a much respected performance art, Eurythmy is recognized world-wide for its practical applications in education and therapy. At PWS Eurythmy is an essential component of the Waldorf Curriculum and is currently being offered from Kindy to Class 6. Each lesson is created anew to help the child meet the particular challenges of each stage of child-development.

In these free Eurythmy classes designed for adults, the aim is to share the life-affirming benefits of Eurythmy movements. After doing Eurythmy many people remark how they feel so much more relaxed, at one with the world, and ready to meet the challenges of life. Happy parents mean happy children, so do come and try this wonderful elixir! No experience is necessary, only a wish to enrich your soul in the joyful company of others.
The Young Child
working with children from pre-birth to three

The Young Child will provide a depth of understanding and a practical foundation for those wishing to work with young children in home based child care, play groups, pre-schools and centre based child care, as well as parents of young children. Areas of study include child development, caring for the physical and emotional wellbeing of the young child, the environment, artistic and creative activities, observation and the journey of self development.

The Intensive, which will be open to others will look at life before birth. embryology, the developmental stages of body, soul and spirit, the life and development of the human organs and the physiology of the Foundation Stone Meditation with Dr Lakshmi Prasanna and Patries Orange

WHEN: 8 Saturdays per term for two terms. 9:30am -2:30pm,
5 Day Intensive 16th - 20th July
WHERE: Perth Waldorf School, Gwilliam Drive, Bibra Lake, Perth
COST: $625 per term/intensive
STARTS: 10th February, 2018
CONTACT: Jenny Hill jennyhill@iinet.net.au

For more information contact:
Jenny Hill jennyhill@iinet.net.au or Rose Hughes rose-e-hughes@hotmail.com.
SCHOOL NOTICES

School notices are strictly for members of the school only and may consist of; lost and found items, items for sale (student/school related), and classes / lessons within the school, etc. Please restrict your notice to two lines (this is free of charge). School notices will appear in this section for two weeks. If you would like the ad to appear for longer, please contact the Fabulum on 9417 3638 each week. Thank you.

MUSIC TUTOR - My name is Benjamin Cooke and I play the clarinet and violin. I offer tutoring in these instruments, as well as in music theory. If interested I can be contacted on 0421 634 387 or at Artemis.cooke42@gmail.com.

BABYSITTING - Avalon of last year’s Class 12 is available for babysitting. Avalon is experienced, caring and brings some Waldorf magic to her work. Please phone or text 042 698 7630.

FOR SALE - full-size Stentor viola and shoulder rest. In excellent conditions. $300. Please call Yvonne 0432 943 635.


COMMUNITY NOTICES

Community Notices are for members of the school’s community only and may consist of; business adverts, producers, services, items for sale (non-school related), etc. keeping in mind that they need to be consistent within our schools’ ethos. Please restrict your notice to two lines (this is free of charge). All Community Notices will appear in this section for two weeks only. If you would like a ¼ page advert, a $10 fee is required and will only appear in Week 2 and Week 8.

DÉ DANANN’S HENNA ART - Temporary henna tattoos. Individual from $20 up. Party for $60/hr. Dé Danann 0438 774 768. Perth, WA.

HOUSE CLEANER WANTED - Our household is up for a busy 6 months so we are seeking support for fortnightly/weekly house cleaning to maintain order in our environment. Ph Nicole on 0400 173 611 if you wish to help or know anyone who can.


FLOWER ESSENCES - for mental, emotional, physical and spiritual healing and support. Traditional and non-traditional Essences and Gem Elixirs available. Please contact Alana on 0407 570 950.
Coming up in Cockburn:

- **Coogee Live Art activities at your school (Free)** = Interactive art activities for schools to be displayed at our new 3 day event Coogee Live. Colours of Coogee ribbon mobile project and, for one lucky school, Junkadelic Sculpture project.
- **Swim ARCademy**
- **Cockburn Creates** - workshop for community to design projects with City money
- **Sustainability Grants**
- **Food Sensations (Free)** - Eating and cooking healthy food on a budget
- **Anxiety Support group (Free)**
- **Budgeting basics (Free)** - financial workshop by financial counsellor
- **Tuning in to Kids (Free)** - 4 week parenting group
- **Skateboard coaching clinics (Free)** - Coolbellup & Atwell

For more information go to: [www.cockburn.wa.gov.au](http://www.cockburn.wa.gov.au)

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**Enquiries:** For further information, please contact Birgith Lugosi.

- birgith.lugosi@gmail.com - (03) 98528751
- susangould1958@hotmail.com – 0426617254

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**AURORA AUSTRALIS SCHOOL OF EURYTHMY AND THE ARTS**

We are now taking applications for a new training beginning in April 2018.

Eurythmy was introduced by Rudolf Steiner in the early 20th century and means beautiful, harmonious movement.

Many of us ask questions like “Who am I?”, “Where do I come from?” and “Where am I going?” In doing Eurythmy, we learn to understand ourselves and our relationship to the world around us – not only with our heads but also with our whole body and being.

“I not only think IT, I feel IT and I do IT”. Eurythmy asks me to be present and conscious in every moment. By working in the creative and formative forces of speech and music, Eurythmy makes visible the spoken word (through poetry and story) and music. In Speech Eurythmy we seek to express what is in the Word (and at its laws and structure). In Music Eurythmy, we are not moving with the music, we are the music. Thus, the human being is the instrument.

As well as studying Eurythmy, the student will, over a four-year training period also study music theory and history, painting, sculpture and art history, from drawing, speech formation. English literature, anthroposophical medicine and anthroposophy. In addition, there will be a block of education Eurythmy.

On completing the training, students will receive a Diploma in Eurythmy, recognised by the Section for Speech Eurythmy and Music in Dornach, Switzerland. Graduates can work in schools, therapeutic communities and special needs schools and communities. Further training in curative Eurythmy, artistic Eurythmy and pedagogical Eurythmy can be pursued.

The training is open to school leavers who wish to pursue a career working with this artistic, educational and healing movement. It is also suitable for the more mature adult. The training will be held in the Michael Centre in Warranwood, Melbourne and is organised and run by a small group of eurythmists. Birgith Lugosi the artistic director brings to the course nearly thirty years of experience. Susan Gould and Beth Christensen will work alongside her, and from time to time guest teachers will be invited.
All Primary school students must order before school for morning tea and lunch. As the school grows all Students, Staff and Parents are encouraged to order and avoid disappointment. Standing orders can be placed also.

The school canteen is run as a not for profit by the Parents and Friends Association (P&F). Volunteers are always warmly welcome in the Canteen - please speak with Megan about how you can help. Time goes toward Family Participation hours. Hair covering and closed in shoes are a must. Any donations of pre loved kitchen equipment or any excess home grown fruit and vegetables are greatly received.

The Canteen will have a new Summer menu which includes Gluten Free Beef pies and Ricotta and vegetable rolls. Rice paper rolls will be back.

Now available:
- Banister Downs milk full cream and lite $2.00 per litre.
- Local Raw Honey bring your own jar $10/kg.
- Organic Olive or Sunflower oil $15/litre bring your own bottle to refill.
- Abhis bread is available Monday, Wednesday and Friday.
- Breadtime stories sourdough available Tuesday and Thursday.
- Cackleberries biodynamic eggs $8.50 per dozen.

(See the Menu for Term 1 on next page...)

POSITION VACANT

PWS invites applications for:

CASUAL CANTEEN ASSISTANT

Expression of interest for a Casual Canteen Assistant for lunch cover and relief. To work Thursday and Friday from 10:30am to 1:30pm.

The role requires:
- Coffee experience.
- Friendly with some customer service experience.
- Basic food handling and preparation.
- Flexibility.
- Work well under pressure.
- The ability to follow directions.
- Till and money handling.
- Cleaning.

Please submit CV and cover letter addressed to the P&F at the front office or email meganharry79@gmail.com with expressions of interest and/or with any questions by the 21st February.
Menu for Term 1

Daily specials (must be ordered):

Monday - Vegetable chilli served with rice, corn chips, natural yoghurt and cheese. $5.00

Tuesday - Chicken and vegetable pie, vegetable pie, chicken korma pie, or chunky beef and vegetable pie. $5.00

Wednesday - Sushi hand rolls (gf & egg free)- tuna and cucumber or avocado and mixed vegetables. $4.00
Miso Soup. $4.00

Thursday - Whole meal rolls - egg and salad, cheese and salad or ham and salad. $4.50

Friday - Beef burger with salad or tempeh burger with salad. $6.00

Available everyday (items with a ★ must be ordered):

Savoury:
★Veggie roll (gf). $5.00
★Beef pie (gf). $5.50
Rice paper rolls. $5.00
Spinach and ricotta rolls. $4.50
Cheese and tomato toasties. $2.50
★Toasties (gf). $3.00
★Ham, cheese and tomato toasted sandwiches. $3.50
★Ham, cheese and tomato toasted sandwiches (gf). $4.50
★Pizza - vegetable or meat. $3.00
Salad bowls. $4.00
Boiled egg. $1.00
Popcorn. 50c

Sweet:
Cakes (assorted variety)
Bliss balls $3.00
Cookies from $1.00
Fresh fruit from 50c
Smooze (primary only after school) $1.50
New Icy Poles (primary only after school) $2.00

Drinks:
(Bring your own take away cup for 50c discount)
Slushies’ refund of 50c on return of small cup $2.50 / Lg $4.00
Large juices $3.50
Small juices $2.50
Coconut water Sm $3.00 / Lg $4.00
Fresh coconuts $4.50
Hot Chocolate Sm $3.00 / Mug $3.50 / Take away $4.50
Ice Chocolate Mug $3.50 / Take away $4.50
Coffee Mug $3.50 / Take away $4.50
Long Black Mug $3.00 / Take away $4.00
Tea Mug $2.00 / Take away $3.00
Herbal Tea Mug $2.50 / Take away $3.50

*Almond or coconut milk extra $1.00
SUMMER SERVINGS

Summer is the warmest season. The sun is at its fiercest at midday and its warmth and light encourage confidence, optimism and activity. This season is associated with the mature stage of life and the late morning, and also marks the height of our creative yin energy. The colours of summer are yellow and red.

As the days are longer and we are more active, we need to keep our energy up with high water content and food: raw vegetables and seasonal fruit. Dishes should be adorned with lettuce, celery, corn, asparagus, and spring onions - splashed with aromatic vinegars.

We say blessing:

_Blessing on the blossoms_
_Blessing on the fruit_
_Blessing on the leaves and stems_
_Blessing on the roots._

_For the golden corn_
_For the apples on the tree_
_For the golden butter_
_For the honey from the bees_
_For the fruits and nuts and berries_
_That grow beside the way_
_For the birds and bees and flowers_
_We thank you every day_
_Blessings on our morning tea_
_And peace upon the Earth._

Spinach and Fetta Pie

- olive oil
- 1 bunch of spinach
- 250g crumbled Mundulla marinated fetta
- ½ onion (optional)
- ¼ cup pine nuts
- small hand of fresh herbs (mint, dill, parsley, oregano, basil)
- 7 sheets filo pastry

1. Preheat oven to 180°C.
2. Blanch spinach in saucepan of boiling water – strain.
3. Gently sauté pine nuts in olive oil, remove from pan.
4. Gently sauté onion.
5. Chop fresh herbs coarsely.
6. Mix finely chopped spinach, pine nuts, onion, herbs and fetta in mixing bowl.
7. Grease ceramic pie dish with butter and line with the 4 sheets of filo, halved or folded over.
8. Pour mixture into dish.
9. Cover with remaining 3 sheets of filo pastry, also folded over.
10. May brush with egg or milk if desired or sprinkle with sesame seeds.
11. Poke holes in top with fork and bake for about 40 minutes or until golden brown.